

Biochemistry

51 Hours

First Aid Pages 47-105 | 92 Picmonics | 53 Kaplan Questions | 159 UWorld Questions

DAY
1

4 hours

First Aid: Read pages 47-50

Picmonics for Page 48

Picmonics for Page 50

Review 4 Kaplan Questions
Review 12 UWorld Questions

DAY
2

4 hours

First Aid: Read pages 51-55

Picmonics for Page 51

Review 4 Kaplan Questions
Review 12 UWorld Questions

DAY
3

4 hours

First Aid: Read pages 56-59

Picmonics for Page 57

Picmonics for Page 58

Review 4 Kaplan Questions
Review 12 UWorld Questions

DAY
4

4 hours

First Aid: Read pages 60-64

Picmonics for Page 63

Review 4 Kaplan Questions
Review 12 UWorld Questions

DAY
5

3 hours

First Aid: Read pages 65-69

Review 4 Kaplan Questions
Review 12 UWorld Questions



Biochemistry

DAY
6

4 hours

First Aid: Read pages **70-73**

Picmonics for Page 71

Picmonics for Page 72

Picmonics for Page 73

Review **4** Kaplan Questions
Review **12** UWorld Questions

DAY
7

4 hours

First Aid: Read pages **74-77**

Picmonics for Page 74

Picmonics for Page 75

Picmonics for Page 77

Review **4** Kaplan Questions
Review **12** UWorld Questions

DAY
8

4 hours

First Aid: Read pages **78-81**

Picmonics for Page 78

Picmonics for Page 79

Picmonics for Page 80

Picmonics for Page 81

Review **4** Kaplan Questions
Review **12** UWorld Questions

DAY
9

4 hours

First Aid: Read pages **82-85**

Picmonics for Page 82

Review **4** Kaplan Questions
Review **12** UWorld Questions

DAY
10

4 hours

First Aid: Read pages **86-89**

Picmonics for Page 86

Picmonics for Page 87

Picmonics for Page 88

Review **4** Kaplan Questions
Review **12** UWorld Questions



Biochemistry

DAY
11

4 hours

First Aid: Read pages **90-94**

Picmonics for Page 90

Picmonics for Page 91

Picmonics for Page 93

Picmonics for Page 94

Review **4** Kaplan Questions
Review **13** UWorld Questions

DAY
12

4 hours

First Aid: Read pages **95-99**

Picmonics for Page 95

Picmonics for Page 96

Picmonics for Page 99

Review **4** Kaplan Questions
Review **13** UWorld Questions

DAY
13

4 hours

First Aid: Read pages **100-105**

Picmonics for Page 100

Review **5** Kaplan Questions
Review **13** UWorld Questions



Good Luck

If you've come this far, you've definitely put the time, effort, and energy into making sure your Step 1 score is the best it can be. Aside from studying, there are a few things you can do to help ensure you arrive at the test center ready to go. Check out the following blog on ["What to do Before the Exam: Prepping the Mind and Body"](#) for some last minute tips and pointers for your big day.

Best of luck, and let us know how you did!

The Picmonic Team

feedback@picmonic.com

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