

## Urinary Tract Infection Symptoms

Urinary tract infection is inflammation of the bladder caused from an infection, obstruction, or other irritants in the urethra. Due to the locations and length of the urethra, women and babies are more prone to this type of infection. Dehydration can also put a patient at a higher risk for a UTI. Burning, painful urination will be present along with an increased frequency and urgency to urinate. The inability to void, or the difficulty in fully emptying the bladder causes lower abdominal or back discomfort. Due to the infection the patient may also present with a fever. Urine may become cloudy, dark, foul-smelling, and may have blood present. Urinary tract infections in the elderly commonly cause a change in the patient's level of consciousness.



PLAY PICMONIC

### More Common in Elderly

#### Old Woman

The elderly are at a higher risk of developing a urinary tract infection.

### Most Common in Females and Babies

#### Woman and Baby

Urinary tract infections are more common in females because they have a shorter urethra than males (females: 1-2 inches, males: approximately 8 inches). Children can also develop UTIs, as infections from the skin can travel up a child's (relative to adults) short urinary tract. This is one of the most common serious infections that can affect children.

### Change in LOC

#### Delta-Halo

When an elderly person has a UTI, they often exhibit a change in level of consciousness as a sign/symptom.

### Dehydration

#### Empty-canteen

Dehydration increases the risk of developing a urinary tract infection.

### Fever

#### Fever-beaver

If the infection spreads up towards the kidneys, the patient may have a fever.

### Urgency

#### Squeezing Knees

A sign of a urinary tract infection includes increased frequency in the urge to urinate.

### Urethral Infection

#### U-wreath and Infectious-bacteria

A urinary tract infection is an infection in any part of the urinary system. This could include the kidneys, ureters, bladder or urethra. It most commonly occurs in the lower part of the urinary system, such as the bladder or urethra.

### Burning

#### Fire

A sign of a urinary tract infection is a painful burning sensation while urinating.

### Smelly Urine

#### Pinching Nose

When a patient has a urinary tract infection, their urine often has a strong, unpleasant smell to it.

**Dark Cloudy Urine**

[Dark Cloud and Urine-Rain](#)

A sign of a urinary tract infection is dark, cloudy urine.

**Frequency of Urination**

[Trail of Fire-Urine](#)

A sign of a urinary tract infection includes increased frequency in the urge to urinate.