

## Age 5 Years - Developmental Milestones

By five years of age, children's gross and fine motor skills vastly improve. Most five-year-old children are able to skip and walk backwards, and they are able to independently bathe and groom themselves. In addition, most five-year-old children have completed toilet training at this stage.



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### Gross Motor

#### Skips

##### [Skipping-skipper](#)

Five-year-old children may be able to skip at this age, as well hop on one foot two to three times.

#### Walk Backward

##### [Walking Backwards](#)

Children at this age are able to walk forward and backward easily.

### Fine Motor

#### Copies Triangle

##### [Triangle](#)

At five years old, children are able to copy a triangle, as well as a line, circle and square.

#### Ties Shoelaces

##### [Tying Shoelaces](#)

At this stage, children may be able to tie their own shoelaces. They also are able to groom themselves without much needed assistance. They can use buttons, zippers, brush their own teeth, and take care of other personal needs.

#### Independent Dressing / Bathing

##### [Dressing Up and Bath-tub](#)

At this stage, children are able to groom themselves without much needed assistance. They can use buttons, zippers, brush their own teeth, and take care of other personal needs. Most often they can dress and undress themselves independently.

#### Prints Letters

##### [Printing Letters](#)

Children at this age should be able to print some letters or numbers.

### Language

### Counts to 10

#### [Count and \(10\) Tin](#)

Children at this age are able to count up to ten.

### Five-word sentences

#### [\(5\) Hand and Words](#)

Five-year-old children should be able to say five-word sentences very clearly, and tell simple stories using the future tense.

### Friends

#### [Best-friend Necklaces](#)

At this stage, five-year-old children will want to please their friends, and often will want to be like their friends. Imaginary friends may still play a role at this age.

## Social / Cognitive

### Completes Toilet Training

#### [Toilet with Complete Check-mark](#)

At this age, five-year-olds most likely have completed toilet training and can use the toilet independently.