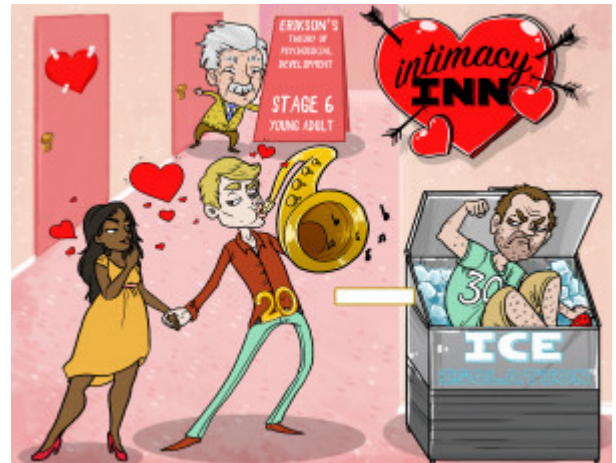


## Erikson's Theory Of Psychosocial Development - Stage 6 (Young Adulthood)

Erikson assumes that a psychosocial crisis occurs at each stage of development. Erikson believes psychological needs of an individual conflict with the needs of society during each 8 stages of life. After we have developed a sense of self and identity during adolescence, it is then time to share our life with others. When young adults are 20-30 years old, it is important for them to develop a sense of intimacy, and ultimately, the virtue of love, at least at some point during this time period.



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### Age

#### Young Adult (20-30 Years)

##### [Young Adults](#)

Erikson's sixth stage of psychosocial development occurs during age 20-30 years old.

### Basic Conflict

#### Intimacy vs. Isolation

##### [Intimacy-inn vs. Ice-isolation](#)

Intimacy is becoming emotionally and psychologically close to someone, while still maintaining a sense of one's self. There are different types of intimacy, such as close friendships or romantic relationships. Successful completion of this stage can lead to comfortable relationships and a sense of commitment within a relationship. Adults who do not develop a positive sense of self and identity in adolescence may experience feelings of loneliness and emotional isolation during early adulthood.

### Important Events

#### Romantic Relationships

##### [Romantic Couple](#)

Intimate, romantic relationships are the highlight of this stage of development. Successful completion of this stage can lead to comfortable relationships and a sense of commitment within a relationship. Avoiding intimacy, or fearing commitment and relationships can result in isolation and loneliness. Success in this stage will lead to the virtue of love.

### Virtue

#### Love

##### [Love-hearts](#)

If we are able to develop romantic relationships, then we are often able to grow to develop a feeling of love for the people with which we are in those relationships.