

Erikson's Theory Of Psychosocial Development - Stage 6 (Young Adulthood)

Erikson assumes that a psychosocial crisis occurs at each stage of development. Erikson believes psychological needs of an individual conflict with the needs of society during each 8 stages of life. After we have developed a sense of self and identity during adolescence, it is then time to share our life with others. When young adults are 20–30 years old, it is important for them to develop a sense of intimacy, and ultimately, the virtue of love, at least at some point during this time period.



PLAY PICMONIC

Age

Young Adult (20-30 Years)

Young Adults

Erikson's sixth stage of psychosocial development occurs during age 20-30 years old.

Basic Conflict

Intimacy vs. Isolation

Intimacy-inn vs. Ice-isolation

Intimacy is becoming emotionally and psychologically close to someone, while still maintaining a sense of one's self. There are different types of intimacy, such as close friendships or romantic relationships. Successful completion of this stage can lead to comfortable relationships and a sense of commitment within a relationship. Adults who do not develop a positive sense of self and identity in adolescence may experience feelings of loneliness and emotional isolation during early adulthood.

Important Events

Romantic Relationships

Romantic Couple

Intimate, romantic relationships are the highlight of this stage of development. Successful completion of this stage can lead to comfortable relationships and a sense of commitment within a relationship. Avoiding intimacy, or fearing commitment and relationships can result in isolation and loneliness. Success in this stage will lead to the virtue of love.

Virtue

Love

Love-hearts

If we are able to develop romantic relationships, then we are often able to grow to develop a feeling of love for the people with which we are in those relationships.