

Oppositional Defiant Disorder (ODD)



PLAY PICMONIC

Unknown Etiology

[Question Mark](#)

There is no single etiology contributing to the development of ODD. Hence, various psychological, environmental, genetic, and social factors are involved. Examples include neglect, family history, abuse, toxin exposure, and family instability.

Diagnosis

Symptoms > 6 Months

[Greater-than Sign with \(6\) Sax and Month Moon](#)

ODD is characterized by symptoms that last longer than six months and occur when interacting with more than one individual (other than a sibling), such as a parent or teacher. ODD can begin in the first few years of elementary school and is frequently accompanied by anxiety and mood disorders, ADHD, or learning disabilities.

Argumentative with Authority

[Arguing with Teacher](#)

ODD is diagnosed when at least four symptoms are present. These symptoms include arguing with authority figures, rule defiance (especially when requested by an authority figure), loss of temper, anger, annoyance, moodiness, vindictiveness, spitefulness, and blaming others for their misfortunes.

Angry and Annoyed

[Angry and Annoying-poking-teacher](#)

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Vindictive Behavior

[Behavioral-mask Laughing](#)

The vindictive or spiteful behavior would specifically need to have occurred at least twice over the last six months.

Association

Conduct Disorder

Bad Conduct

ODD frequently appears before the onset of conduct disorder.

Treatment

Cognitive Behavioral Therapy

Cog Behavioral Therapist

ODD can be treated with psychotherapy (e.g., cognitive behavioral therapy/CBT) and specific social training.