

## Pseudofolliculitis Barbae



PLAY PICMONIC

### Characteristics

#### Inflammation of Facial Follicles

##### [In-flames Facial Follicles](#)

Pseudofolliculitis barbae is inflammation of follicular facial skin, especially in the beard area.

#### Associated with Shaving

##### [Shaving-razor](#)

This disorder is related to shaving, which is why it is known as razor bumps. Shaving sharpens the ends of the hairs, which makes them curve back into the skin and causes ingrown hairs.

#### Cheeks, Jawline, and Neck

##### [Cheeks, Jawline, and Neck](#)

Pseudofolliculitis barbae present in the cheeks, jawline, and neck.

#### Black Males

##### [Black Males](#)

Pseudofolliculitis barbae is most commonly found in African-American males.

### Clinical Features

#### Pustules and Papules

##### [Pus-pile and Papule-people](#)

The lesions that may be seen in pseudofolliculitis barbae are papules and pustules.

#### Pruritus

##### [Prairie-dog](#)

Patients with pseudofolliculitis barbae may experience pruritus.

#### Painful

##### [Pain-bolt](#)

With pseudofolliculitis barbae, lesions can be painful due to inflammation.

### Treatment

#### Avoid Shaving

##### [Avoid-sign Shaving-razor](#)

Treatment for this condition includes avoiding shaving and letting the beard grow. Doing so will help to prevent ingrown hair that can induce pseudofolliculitis barbae.

**Topical Clindamycin**

[Topical Cleaning-mice](#)

Topical clindamycin helps treat possible contamination from normal skin flora, which may be involved in the inflammation of pseudofolliculitis barbae.

**Low-Potency Steroid**

[Low-Pot Steroid-stairs](#)

In cases of pseudofolliculitis barbae, low-potency steroids help reduce inflammation in patients.

**Topical Retinoid**

[Topical Red-tin-droid](#)

In treating pseudofolliculitis barbae, a topical retinoid acts as a keratolytic.