

Endoscopy

[Endoscope](#)

Since a barium swallow is not reliable in differentiating malignant versus benign strictures, an endoscopy is typically conducted after a barium swallow to further investigate the stricture.

Management

Esophageal Dilation

[Dyed-dilated Sarcophagus](#)

Esophageal dilation can be used to relieve the symptoms of a esophageal stricture. However, since esophageal strictures are typically the result of other disease processes, treating the underlying cause of the stricture is important as well.

Proton Pump Inhibitors

[Proton Pump with Inhibiting-chains](#)

Proton pump inhibitors can be used to reduce gastric acid secretion. This subsequently reduces the damage that acid reflux causes to the lower esophagus. Proton pump inhibitors are also used in the management of GERD.