

Fludrocortisone can cause the retention of high amounts of sodium which leads to an increase in water retention. This can then lead to edema.

## **Congestive Heart Failure Exacerbation**

### **Dead Heart**

Fludrocortisone can worsen the state of congestive heart failure in patients due to the action of aldosterone which increases blood pressure and retains fluid.

## **Hyperpigmentation**

### **Hiker-pig with Hyperpigmentation**

Fludrocortisone may cause hyperpigmentation of the skin and nails.