

Fetal distress includes fetal bradycardia (<110 bpm), decelerations or sinusoidal pattern on fetal heart tracings. Fetal death can quickly occur through exsanguination or asphyxiation if fetal vessels are compressed during labor.

## Diagnosis

### Doppler Ultrasound

#### [Doppler-weatherman using Ultrasound](#)

A transabdominal or transvaginal U/S with color doppler shows fetal vessels overlying the internal os and decreased blood flow within fetal vessels.

## Treatment

### Emergency Cesarean Delivery

#### [Emergency-Lights C-section](#)

An emergency C-section is usually indicated if there are signs of fetal distress.