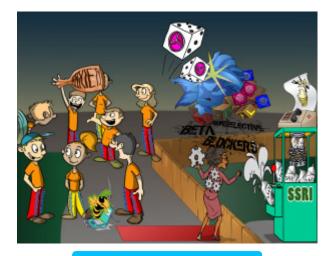


# **Social Anxiety Disorder**



**PLAY PICMONIC** 

### Classification

### Phobia

Phone-bee

Phobia is a type of anxiety disorder defined by a persistent fear of an object or situation. Person often recognizes that the fear is excessive.<br/>
Social anxiety disorder belongs to this broad group of anxiety disorders.

#### **Treatment**

# **Cognitive Behavioral Therapy**

Cog Behavioral Therapist

Cognitive behavioral therapy is one of the most effective therapies for social anxiety disorder.<br/>
Cognitive behavioral therapy (CBT) is a type of psychotherapy based on analyzing and reforming maladaptive thoughts that are contributing to emotional and behavioral distress.<br/>
Cbr>

# **Selective Serotonin Reuptake Inhibitors**

Selective Silver-tonic Reuptake tube with Inhibiting-chains

Selective Serotonin Reuptake Inhibitors are one of the first-line medications for social anxiety disorder. <br/> SSRIs are a class of drug which work by selectively inhibiting serotonin reuptake into presynaptic cells, increasing the neurotransmitter's availability in the synaptic cleft.

## Venlaflaxine

Vanilla-fax

Venlaflaxine can be used for the treatment of social anxiety disorder.<br/>
Venlafaxine is a medication that works on serotonergic and noradrenergic receptors, when administered at moderate doses, to help treat anxiety and panic disorders.<br/>
Venlafaxine is a medication that works on serotonergic and noradrenergic receptors, when administered at moderate doses, to help treat anxiety and panic disorders.

### Beta-Blockers

Nonselective Beta-fish with LOL Blocks

If anxiety is restricted to public speaking (performance-related social anxiety disorder), beta-blockers can be used for treatment in the acute phase.

#### Benzodiazepines

Benz-dice

If anxiety is restricted to public speaking (performance-related social anxiety disorder), benzodiazepines can be used for treatment in the acute phase.