

Projection



PLAY PICMONIC

Definition

Attributing Unacceptable Internal Impulse To Others

[Projecting internal mad face onto other person](#)

Projection is an immature ego defence mechanism in which an individual attributes their own unacceptable impulses or thoughts to someone else. For example, a cheating husband who accuses his wife of cheating.

Immature Ego Defense

[Immature-babies-lego](#)

Projection is considered an immature defense mechanism. Recall that ego defense mechanisms are thoughts and behaviors (vountary or involuntary) that resolve conflict surrounding undesirable feelings.

Example

Person With Hostile Feelings Accusing Others Of Hostility Or Anger

[Angry guy accusing other man of being angry](#)

One example of projection is a person with a hostile nature seeing hostility in other people, rather than acknowledging it in themselves.