

## Dissociation



PLAY PICMONIC

### Clinical Manifestations

#### Memory Loss

##### 'Who Am I' Thought Bubble

Memory loss/amnesia can be one of the manifestations of dissociation; memory loss can be partial or complete and is caused by an unconscious drive to avoid emotional stress.

#### Changes In Personality

##### Different Personalities

Changes in personality can be a manifestation of dissociation; this is driven by an unconscious drive to avoid emotional pain.

### Mechanism

#### Unconscious

##### Unconscious Guy

Dissociation is an unconscious process driven by the drive to avoid pain and emotional stress.

#### Physical or Sexual Abuse

##### Physically Abused By Sex-Symbols

Dissociation is an immature ego defense mechanism that is common after physical or sexual abuse.

#### Immature Ego Defense

##### Immature Baby With Ego-Lego

Dissociation is a type of immature defense mechanism; Other important immature defense mechanisms are projection, displacement, splitting, rationalization, acting out, passive-aggressiveness, and denial. Immature psychological defense mechanisms are psychological processes that play an important role in suppressing emotional awareness and increase the risk of various medical conditions. These patients are more likely to lead unhealthy lifestyles and use food and drugs to cope with external stressors.