

Adenocarcinoma of the Lung

Lung carcinoma is typically divided into two categories, small cell carcinoma and non-small cell carcinoma. Non-small cell carcinoma subtypes include adenocarcinoma, squamous cell carcinoma, large cell carcinoma and carcinoid tumor. Adenocarcinoma is the most common lung cancer and is the most common lung cancer in nonsmokers. It typically arises in the periphery of the lung and may present with hemoptysis or finger clubbing. This cancer is associated with the KRAS, EGFR and ALK mutations. On histology, adenocarcinoma displays a glandular pattern and often stains mucin positive. In the early stages, treatment involves surgical resection. In the later stages, treatment involves radiation and chemotherapy.



PLAY PICMONIC

Characteristics

Most Common Lung Cancer

#1 Foam-finger Lungs with Tumor-guy

Adenocarcinoma cases account for half of lung cancer cases, making it the most common lung cancer overall (except for metastases).

Most Common in Nonsmokers

#1 Foam-finger Nun-nonsmoker

Adenocarcinoma is the most common lung cancer in nonsmokers. It has a lower association with smoking among other major lung cancers like small cell and squamous cell carcinoma. Rather, adenocarcinoma may be related to pulmonary scars or fibrosis.

Peripheral Location

Peripheral damage to lungs

Adenocarcinoma is most commonly located in the lung periphery. This is in contrast to small cell carcinoma and squamous cell carcinoma, which tend to be located in the central portions of the lung.

KRAS, EGFR, and ALK Mutations

KRASH with Engine-fire and Ale-keg

Adenocarcinoma is associated with activating mutations including Kirsten Rat Sarcoma Viral Oncogene Homologue (KRAS), Epidermal Growth Factor Receptor (EGFR) and Anaplastic Lymphoma Kinase (ALK). It is important to analyze tumor tissue for the presence of these mutations since there are drugs that target and inhibit the specific molecular pathways in the malignant cells.

Diagnosis

Glandular Pattern

Glands with Glandular Pattern

The characteristic histology for adenocarcinoma is gland formation. Histological diagnosis requires evidence of either neoplastic gland formation or intracytoplasmic mucin.

Often Stains with Mucin

Mucous

Adenocarcinoma tends to stain mucin positive since it is derived from the mucus producing glands of the lung.

Clinical Features

Presents with Hemoptysis

Red-mop coughing blood

Hemoptysis is the coughing up of blood or blood-tinged sputum from the lungs, bronchi, trachea or larynx. Hemoptysis can be a symptom of cancer, bronchiectasis, and pulmonary embolism or infections such as pneumonia, tuberculosis or bronchitis.

Clubbing

[Club causing Clubbing](#)

Digital clubbing is a deformity characterized by increased distal finger tip mass and increased nail plate curvature. The Lovibond angle, the angle between the nail plate and the proximal nail fold when viewed for the side is greater than 180 degrees in clubbed nails, compared to 160 degrees in normal nails. There are many causes of clubbing, including pulmonary diseases.

Treatment

Surgical Resection

[Surgeon](#)

Non-small cell lung cancers that present early in the disease process are generally treated upfront with surgical resection. Patients with metastatic disease outside of the chest are not candidates for surgical resection. Even with a complete resection, recurrence is still possible.

Chemotherapy and Radiation

[Chemo-head-wrap and Radiation-radio](#)

For patients who present early in the disease process, radiation therapy is an important adjunct to surgery. For patients who present in later stages, radiation and chemotherapy are the mainstays of treatment.