

Assess Suicide Risk

[Assess-man with Risk of Suicide-jumper](#)

It is important while interviewing these patients to adequately assess their suicide risk using screening tools and accurate assessments. Assess their level of grief, depression, and support systems to attribute to their suicide risk.

Actively Listen to Stories

[Listening to Story](#)

It is important to acknowledge feelings of guilt or self-blame, as you provide a calm, non-threatening, private environment to allow them to explain their experiences. Actively listen to their stories and full descriptions of their experiences at their pace.

Anxiety Medications

[Anxiety-bag Med-bottles](#)

Medications are used in this disorder to decrease anxiety especially around situations that trigger an emotional response. Anxiety medications like SSRIs (especially Sertraline), Venlafaxine and Prazosin are indicated for first line treatment. In addition, use of beta blockers as well as other drugs like carbamazepine, valproic acid, and lithium have been used to manage anxiety levels.