

## 5 A's of Alzheimer's Disease

The 5 A's of Alzheimer's Disease is one way to remember and understand commonly seen symptoms associated with Alzheimer's disease. The 5 A's stand for agnosia, anomia, aphasia, apraxia, and amnesia.



PLAY PICMONIC

### Agnosia

[Egg-nose with No Face](#)

Agnosia is the inability to recognize familiar objects, tastes, sounds, and other sensations.

### Anomia

[A-name-tag](#)

Anomia is an inability to remember names of things.

### Aphasia

[Fish with Aphasia](#)

Aphasia is the inability to express oneself through speech. This may include a loss of the ability to speak or understand spoken, written, or sign language.

### Apraxia

[Ape-axe](#)

Apraxia is the inability to perform purposeful movements or once familiar tasks, such as dressing, cooking, or shaving.

### Amnesia

[Memory-eraser](#)

Amnesia is defined as a loss of memory.