

The "Big Five" Personality Factors

Many current trait theorists can agree on the idea that there are the "big five" traits necessary to describe a person. Using a wide range of studies, the traits of openness, conscientiousness, extroversion, agreeableness and neuroticism are the "big five" of personality.



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Openness

[Open-minded-girl](#)

The first of the five personality factors is openness, which is associated with the characteristics of being intellectually interested, nonconforming, imaginative and curious.

Conscientiousness

[Guy with Conscience](#)

The second of the big five personality traits is conscientiousness, which includes the characteristics of being organized, thorough, responsible and persevering.

Extroversion

[Social-butterfly](#)

Another of the "big five" is extroversion, which is also associated with being sociable, talkative, assertive and energetic.

Agreeableness

[Agreeable-guy](#)

Agreeableness is another of the "big five" and describes the personality traits of being sympathetic, appreciative, kind and considerate.

Neuroticism

[Neurotic-girl](#)

Neuroticism is the 5th of the "big five" personality factors. It is associated with the characteristics of being guilt-prone, troubled, apprehensive and vulnerable.