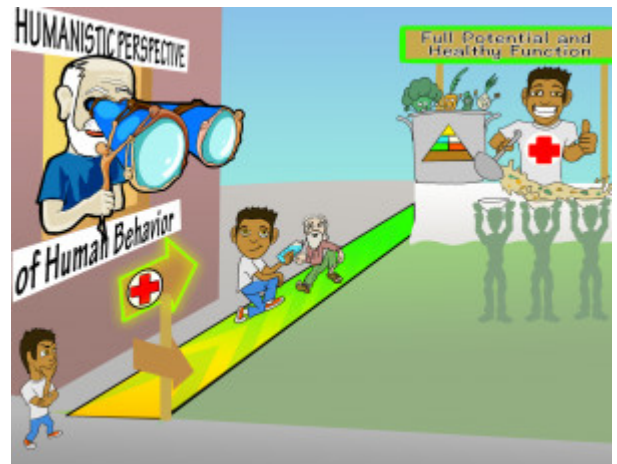


## Humanistic Perspective of Human Behavior

The humanistic perspective of human behavior takes a more optimistic tone to human functioning, stating that everyone has the power to reach their full potential and achieve healthy functioning. People are naturally given the ability to make their own positive decisions about their life and to control their own behavior. This is a stark contrast to the psychodynamic perspective of human behavior.



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### People can make positive decisions about their own life

#### Choosing the positive path

This perspective states that people have the ability to make positive decisions about their own life and to control their behavior. People have conscious free will to make their own decisions, and have great potential to take their lives in a positive direction.

### Everyone can achieve their full potential and healthy functioning

#### Reaching full potential to be a humanitarian and serving healthy functioning

This perspective takes an optimistic tone on human behavior, insisting that all human functioning is known to us, and moreover, everyone has the power to reach their full potential and achieve healthy functioning.