

Bed rest is often recommended, along with adequate fluid intake.

Preventative Vaccinations

Syringe Preventing

Vaccination for the prevention of respiratory tract infections such as pneumonia and influenza should be implemented. Additionally, the two meningococcal vaccines available include meningococcal polysaccharide vaccine (MPSV4) and meningococcal conjugate vaccine (MCV4).

Droplet-Airborne Precautions

Droplets and Airborne-infantry Precautions

Droplet-airborne precautions (respiratory isolation) should be instituted for 24 hours after effective treatment has been initiated, or until an alternative source has been identified. Meningococcal meningitis is highly contagious.