

The provider should educate the client on the importance of consuming foods that are rich in potassium like bananas, prunes, nectarines, and especially apricots.

**Check BP Daily****Daily BP**

Due to increased fluid loss and fluid shift, the patient should be educated on managing orthostatic hypotension by changing positions slowly especially when changing from sitting to standing. If the patient experiences vertigo he or she should be instructed to sit down.

**Daily Weights and Monitor IandOs****Daily Weights on I and O Scale**

Daily weights serve as the best indicator for fluid status changes. They are most effective if obtained at the same time each day in the morning before breakfast. A change of more than 2 lbs in 24 hours should be reported. Keeping an accurate record of intake and output will also serve in assessing fluid balance.