

## NSAIDs

Nonsteroidal anti-inflammatory drugs are anti-inflammatory, analgesic and antipyretic agents. Many drugs fall into this drug family including ibuprofen, naproxen, indomethacin, ketorolac and aspirin among many others. They work through reversible inhibition of COX-1 and COX-2, which blocks prostaglandin synthesis, along with thromboxane and prostacycline synthesis. While helping decrease inflammation, pain, fever and platelet aggregation, side effects such as renal ischemia, interstitial nephritis and gastric ulcers occur.



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### Indications

#### Anti-inflammatory

[Ant-tie-fire-extinguisher](#)

It is believed that its inhibition of COX-2 results in anti-inflammatory effects.

#### Analgesic

[A-nail-Jay-Z](#)

It is believed to have pain-killing effects due to its inhibition of both COX-1 and COX-2.

#### Fever

[Fever-beaver](#)

It is believed to reduce fever via blockage of Prostaglandin E2 (PGE<sub>2</sub>) via inhibition of COX.

#### Closure of Patent Ductus Arteriosus

[Closing-door of Duck-Archer](#)

Prostaglandin E1 (PGE<sub>1</sub>) is responsible for patency of the ductus arteriosus. The NSAID indomethacin is given to block PGE<sub>1</sub> and close the PDA.

### Mechanism of Action

#### Reversible Inhibition of COX-1 and COX-2

[Reversing with Inhibiting-chains on Cock with \(1\) Wand and Cock in \(2\) Tutu](#)

NSAIDs reversibly inhibit COX-1 and COX-2 and results in inhibition of production of prostaglandins (PG) and thromboxanes (TX). Each NSAID has small differences in COX-1 and COX-2 inhibition.

#### Block Prostaglandin Synthesis

[Blocking P-rasta Assembly](#)

Through inhibition of COX, endoperoxides cannot turn into prostaglandins (PGs). This prevents PGs from performing their role in inflammatory responses, pain processing and fever production.

### Side Effects

### **Interstitial Nephritis**

[Interstate Kidney-on-fire](#)

This drug reaction can result in acute or chronic interstitial nephritis characterized by fever, rash, hematuria and CVA tenderness.

### **Gastric Ulcer**

[Gas Ulcer-volcano](#)

Prostaglandins (PGs) produced by COX-1 help maintain the protective GI mucosal barrier in the stomach and intestines. Blockage of these PGs via COX-1 inhibition can result in gastric ulcers.

### **Renal Ischemia**

[Kidney Eye-ski-mask](#)

NSAIDS inhibit vasodilatory prostaglandins (PGs) which can result in decreased renal blood flow and renal damage.