

Side Effect

Hyperkalemia

Hiker-banana

Hyperkalemia is a rare adverse effect of angiotensin receptor blockers, as it may interfere with normal urinary excretion. Patients with high potassium levels should be cautioned with this medication.

Contraindication

Pregnancy

Caution-tape Pregnant-woman

ARBs are not major human teratogens, but are generally avoided in all trimesters of pregnancy due to the risk of adverse effects. While more recent research has concluded that the use of ARBS is generally unsafe in only the 2nd and 3rd trimesters other research has shown complications in the 1st trimester. It is generally recommended to avoid ARBs in pregnant patients since there are many other safe alternatives.